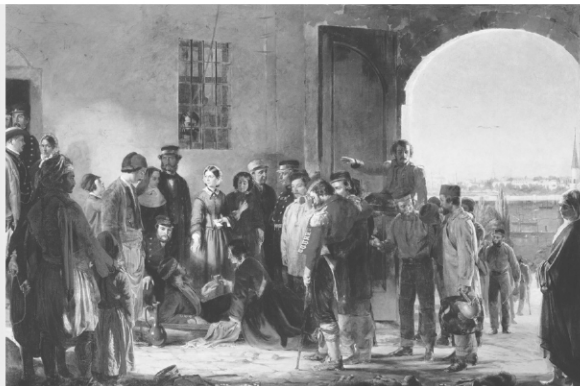


# Mother of Nursing



**Mini Fact:**  
This painting of Nightingale at the hospital in Crimea was created by Jerry Barrett in 1858.

During the recent outbreak of COVID-19 all around the world, people have counted on doctors, nurses and other health workers to help them survive.

You may not know, though, that in the 1800s, nurses were not the trained professionals that they are today. One woman, Florence Nightingale, is known as the founder of nursing. Nightingale's 200th birthday is on May 12. That day is also International Nurses Day. This week we learn more about her life and work.

## Early life

Florence Nightingale was born in Florence, Italy, to British parents. She had one older sister, Frances. Her family was wealthy, and the Nightingale girls were educated in math, science and history.



photo courtesy Library of Congress

As Florence grew up, she was drawn to helping people who suffered from disease or other ailments. She told her family she wanted to be a nurse.

Her parents didn't like that idea; hospitals were dirty places where people often died. But they finally agreed, and Florence went to study in Germany. Just two years later, she was running a hospital in London.

## The Crimean War

In 1853, a war broke out, and British troops were sent to fight. But soldiers didn't have any medical care. They were suffering from their wounds, the cold temperatures, hunger and sicknesses.

Britain's minister of war asked Florence to lead a team of nurses at an army hospital in Crimea.

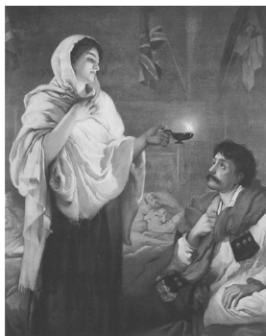
The hospital was filthy, with broken toilets and rats, and there were too many soldiers crowded together. There was no clean water or fresh food.

Florence had learned in Germany about the importance of cleanliness in hospitals, so she used money supplied by a London newspaper to buy supplies: good food, clean bandages and equipment for a hospital kitchen.

As she and her fellow nurses worked, the soldiers recovered and lived longer.

## The Lady With the Lamp

During the night, Florence would walk through the hospital, checking on her patients. She carried a lantern, and the soldiers began calling her the Lady With the Lamp.



This painting of Florence Nightingale was made by Henrietta Rae in 1891.



photo by Former BBC

Florence poses with a graduating class in 1886.

## After the war

Florence returned to London after the war and met with Queen Victoria to encourage better hospital conditions for the military.

In 1860, the Nightingale School of Nursing opened at St. Thomas' Hospital in London. This new approach to nursing helped make the profession more attractive to women who wanted to work outside the home.

## Later life

Florence was not healthy in her later years; all her work with ill soldiers had left her with chronic pain, and she was often sick in bed. She lived a long life, though, dying at 90 years old in London.



A drawing of Florence Nightingale from 1907.

## Resources



**On the Web:**  
• [bit.ly/MPnurse](https://bit.ly/MPnurse)

**At the library:**  
• "Florence Nightingale" by Kitson Jazyanka  
• "The Drummer Boy's Battle" by Dave Jackson and Neta Jackson

## Try 'n' Find

Words that remind us of Florence Nightingale are hidden in this puzzle. Some words are hidden backward or diagonally, and some letters are used twice. See if you can find:

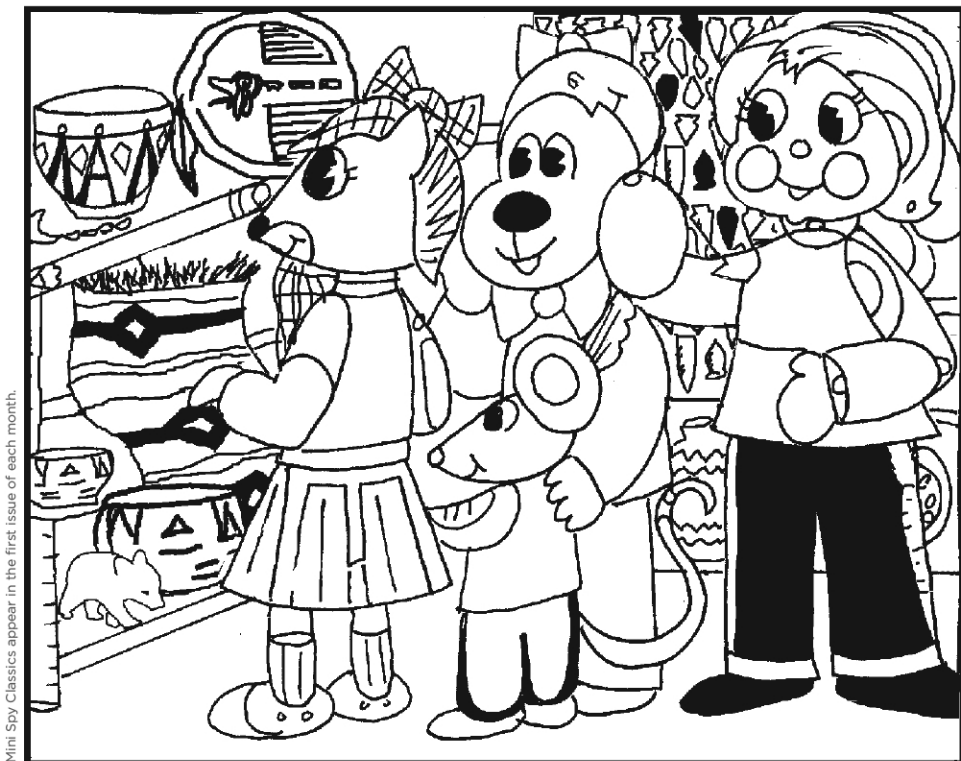


APPROACH, ARMY, BANDAGES, BRITISH, EQUIPMENT, FLORENCE, FOOD, GERMANY, HEALTH, HOSPITAL, LAMP, NIGHTINGALE, NURSE, PROFESSIONAL, SCHOOL, SOLDIERS, TEAM, WAR.

J	Q	A	P	P	R	O	A	C	H	U	K	T	N	F
U	E	M	B	I	H	O	S	P	I	T	A	L	W	O
Q	C	V	H	S	I	T	I	R	B	V	H	V	Q	O
H	N	I	G	H	T	I	N	G	A	L	E	B	F	D
H	E	A	L	T	H	E	S	E	G	A	D	N	A	B
P	R	O	F	E	S	S	I	O	N	A	L	W	Z	Y
Y	O	G	E	R	M	A	N	Y	Q	J	T	E	A	M
K	L	G	U	Y	T	N	E	M	P	I	U	Q	E	R
F	F	N	H	W	R	W	S	C	H	O	O	L	Y	A
M	V	M	S	O	L	D	I	E	R	S	P	M	A	L

## Mini Spy Classics

Mini Spy and her friends are looking through a museum shop. See if you can find the hidden pictures. Then color the picture.



Mini Spy Classics appear in the first issue of each month.

Hey Mini Spy Fans! Order your Mini Spy Booklets (Volumes 1, 2 and 3) with 48 of your favorite puzzles! Visit [MiniPageBooks.com](http://MiniPageBooks.com), or call 844-426-1256 to order. Just \$4 plus \$1 shipping.

- man in the moon
- question mark
- mushroom
- word MINI
- exclamation mark
- letter E
- ruler
- heart
- pencil
- bell
- bird
- key
- olive
- number 3
- carrot
- coffee pot
- lima bean

## Mini Jokes



**Fanny:** Why did the school nurse tiptoe past the medicine cabinet?  
**Fiona:** She didn't want to wake the sleeping pills!

## Eco Note



The Mini Page hopes that you and your family are staying safe and well during the coronavirus outbreak. If you've worried about your pets, the U.S. Centers for Disease Control and Prevention has some wise words: Although the CDC has received no reports of pets becoming ill, people who are sick should restrict contact with pets. That means no snuggling, sharing food or letting them lick you if you're sick with COVID-19. If you must touch them, wash your hands before and after.

adapted from CDC.gov

## For later:

Look in your newspaper for articles about how nurses are helping sick people.

**Teachers:** Follow and interact with The Mini Page on Facebook!



Books from The Mini Page are wonderful resources and make great gifts! See all of our Mini Page products at [MiniPageBooks.com](http://MiniPageBooks.com), or call 800-642-6480 for more information. Mail payment to: Andrews McMeel Universal, Mini Page Books, 1130 Walnut, Kansas City, MO 64106. Include \$4.00 shipping and handling per order.

